

The Rest of Faith / The Sabbath Life

1. What should we fear, according to verse 1?
2. Why did the preached Gospel not profit Israel under Moses? How would this forfeit God's rest?
3. How does faith work with God's Word? Which comes first? (Ro 10:17, 1 Thes 2:13)
4. How does the writer prove that God's rest is still available?
5. Why is the rest offered to God's people a 'sabbath rest' (v10) What does that mean?
6. In what way does the one entering God's rest cease from his own works?
7. How can ceasing from one's own works be harmonised with "be diligent" / "labour" to enter His rest?